

Addressing Financial Topics of Interest to Connecticut Residents

heading PREPARING FOR SEVERE STORMS

By taking action now, you can be better prepared to deal with severe storms. In addition to preparing your family and home, it is also important to be ready financially. We'll discuss emergency kits, household inventories, and records of important household papers.

IS RETIREMENT AMONG YOUR PLANS FOR THE FUTURE?

Do you look forward to retiring some day? If the answer is yes, but you haven't been able to make it a financial priority yet and want to get started, please join us for this basic overview session on planning for retirement.

PARENTS, KIDS, AND MONEY

In this session designed for parents and the professionals who work with them, we'll discuss the importance of financial literacy for youth, how children learn about money, and identify opportunities and ways to teach young people about money.

Encouraging Connecticut Citizens to Save for Their Goals

The Connecticut Saves Campaign is coordinated by UConn Extension with the support of partnering agencies and organizations. Together they promote saving behavior through financial education and social marketing. Connecticut Saves Week, the last week in February, is a special time to promote saving, but the campaign runs all year round. Pledge to save toward your goals now.

UConn | COLLEGE OF AGRICULTURE,
HEALTH AND NATURAL RESOURCES
EXTENSION



Set a goal. Make a plan. Save automatically.
ConnecticutSaves.org

MANAGING YOUR MONEY

Providing Financial Education Training

The UConn Extension Financial Education Program provides training for a variety of professionals. Goal setting, budgeting, family communication about money, financial coaching, money personalities, consumer protection, and debt management are some of the topics which may be addressed.

WORKSHOPS AND TRAINING FOR COMMUNITY AND PROFESSIONAL GROUPS

financialliteracy.uconn.edu

LIFE CHANGES... AND SO DO YOUR FINANCES!

Making financial decisions can be challenging! UConn Extension provides financial education programming designed to address the needs of families, individuals, and youth. We partner with organizations and agencies throughout the state to bring personal financial education to those who may benefit. Professional development training is also available.

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Increasing Financial Capability Among Adults

BEYOND PAYCHECK TO PAYCHECK

This three-part series helps families take action to improve their financial futures. Setting goals, developing a spending plan, tracking expenses, dealing with financial responsibilities are some of the topics discussed.

MAKING CHANGE

This workshop provides an overview on how to gain more control over money, reduce debt, save, and move closer to financial goals.

FINANCIAL FITNESS CHECKUP

Improve your financial future by participating in this workshop to help you review your current status and identify actions you can take to improve your financial situation.

YOUR MONEY PERSONALITY

In this fun and engaging session, you'll have an opportunity to discover your own financial personality as well as learn about the benefits and challenges associated with each type. Participants can gain a better understanding of how others in their lives may view their personal finances.

Helping Young Adults and Youth Gain Financial Knowledge

WELCOME TO THE REAL WORLD, CONNECTICUT EDITION!

Offered in partnership with schools, libraries, agencies, and community groups, this simulation gives young people the opportunity to try life as single young adults. They select careers, find their starting salaries along with estimated taxes, make spending decisions, and learn to live within their incomes. They also learn to save and handle unexpected expenses.

STARTING OUT:

WHAT YOU NEED TO KNOW

This workshop focuses on topics important to young people moving toward financial independence.

LEARNING THE FINANCIAL FACTS OF LIFE

Young people need to learn about money now so they will be better prepared to make financial decisions in the future. "Hands-on" learning activities related to age-appropriate financial topics engage the learner in actively applying what they have been taught. Earning, saving, spending, and borrowing and financial responsibility are some of the topics addressed.